



BIG NEWS!

**VARIETY
MANITOBA**

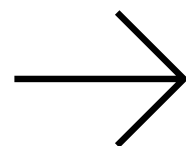
**LAUNCHING
VOLT
HOCKEY
PROGRAM**

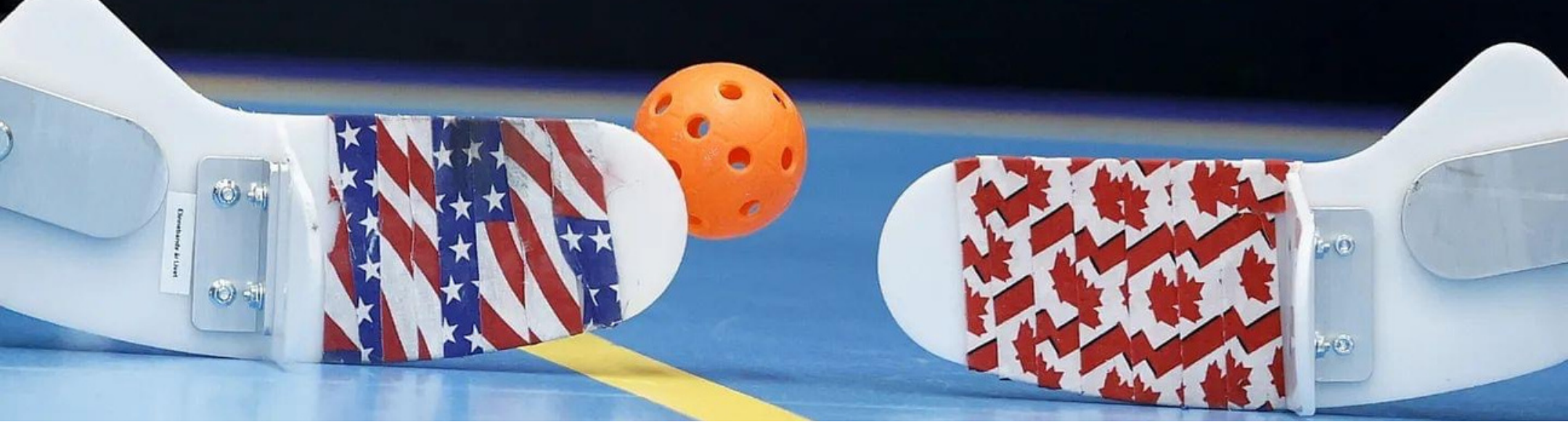
**JANUARY
2024**





**WHAT IS
VOLT
HOCKEY?**





Volt Hockey is an adaptive sports program designed to make hockey accessible to individuals with disabilities. Volt is a unique adaptation to the sport of hockey as it allows participants who have more complex needs – particularly those with limited upper mobility, to be able to play the sport that extends beyond other adaptive variations of hockey today. This adaptive sport allows individuals with various mobility challenges to experience the excitement and camaraderie of hockey, fostering inclusivity and providing an avenue for physical activity.

THE GAME

Volt is played as a 3 vs 3 game on an indoor gym or court using specially designed hockey sport chairs. This allows virtually any person living with mobility limitations the ability to play the sport of hockey independently.



THE CHAIR

Volt is played in a specially designed electric sport chair with multiple speeds that is operated with a joystick. With a low center of gravity and hockey blade attached to the chair. The chair comes in three fully modifiable sizes, depending on the height of the player.



INCLUSIVITY

Volt Hockey allows everyone to be apart of the team! Participants, regardless of their level of mobility, find themselves part of a community where differences are celebrated, and everyone's unique strengths contribute to the collective success of the team.

We believe that every child should have an opportunity to play sports regardless of what their disability may be.



About the Winnipeg Program

Variety VOLT Hockey Winnipeg will be starting up in Winnipeg in January 2024!

The program will run on **Sundays** from **4:00 pm - 6:00 pm** from **January 7th - April 14th, 2024***.

We are holding 6 weeks of "try it out" sessions which allow participants aged 10-18 who are living with a disability, to learn about the sport and discover if it's a good fit for them.

This sport will work best for children who can sit for approximately 1 hour, they are willing to participate in a recreational team sport and they can be in a gym setting with loud noises and lots of people.

*Some dates may be closed due to holidays and spring break.



HOW CAN I VOLUNTEER WITH VOLT HOCKEY?!

If you are interested in volunteering and learning more, please email atavares@varietymanitoba.com or [CLICK HERE](#) and sign up.

